

## Kapuche Lake Trek - 7 days

### Facts

**Destination:** Nepal

**Trip Difficulty:** Easy

**Trip Style:** Lodge to Lodge Trek

**Transport:** Aeroplane / Tourist Bus

**Food:** Breakfast + Lunch + Dinner

**Accommodation:** 3 Star (or greater) Hotel

**Group Size:** 2 to 25

**Max Elevation:** 2546

The **Kapuche Lake** trek, the virgin glacial lake trek route is a New trekking route in Nepal which is less crowded in the [Annapurna trekking region](https://www.himalayanecologicaltrek.com/annapurna-region-trek) (<https://www.himalayanecologicaltrek.com/annapurna-region-trek>) . The Kapuche glacial lake is located 2546 m. from sea level. An expert says that is shocking to find a glacial lake below 4000m. All glacial lakes start from 4000 m. the ice melts from the Annapurna II which is the lowest glacial lake in Nepal.

The **Annapurna** region is the most popular trekking destination but the Kapuche Lake is an unexplored and less crowded trekking route that starts from Pokhara through the largest [Gurung](https://en.wikipedia.org/wiki/Gurung_people) ([https://en.wikipedia.org/wiki/Gurung\\_people](https://en.wikipedia.org/wiki/Gurung_people)) village Sikles which is the most beautiful village that offers an opportunity to see unique their traditional culture and extraordinary views of the snow-capped mountains.

Kapucke Lake has been declared the lowest-altitude glacial lake in the world. The lake is 1200 square meters, Kapuche is a noun from the Gurung language it refers to the plain surface made of crushed snow and ice. **Himalaya Ecological Trekking** invites you to join this amazing journey and experience the authentic lifestyle of Nepalese living in the rural midwestern part of Nepal.

## Highlights

- Glacier Lake at the lowest altitude in the world – Kapuche Lake
- You can experience an stunning view of the Annapurna II an lamjung Himlayan range.
- You can be familiar with the Gurung cummunity, religion and culture of Nepal.
- You will be hiking through the terraced fields, green vegetation, rhododendron forest.

## Day to Day Itinerary

**Day 1: welcome to Kathmandu**

**Day 2: Drive or Flight to Pokhara**

**Day 3: Drive to Sikles Village**

**Day 4: Trek to Goth Camp**

**Day 5: Hike to Kapuche Lake back to Sikles**

**Day 6: Drive to pokhara**

**Day 7: Exploring Pokhara**

**Day 8: Drive or Flight to kathmandu**

**Day 9: Flight to your Home**

## Cost Includes

- Airport pick up and drop all with tour planning
- 3-star category hotel with BB plan in the city
- Teahouse or homestay accommodation during the trek
- During the trek all meals:- Breakfast, Lunch and dinner
- All Government paperwork with ACAP Annapurna conservation fees
- Company Duffel bag
- Domestic flight as per itinerary
- All transportation as per itinerary
- Insurance and Equipment Nepali crew
- Government license holder Trekking Guide and Porter (2 Trekker = 1 porter)
- City Tour Guide with entrance fees and private vehicle
- Medical Kit ( first aid box)
- All government and local taxes

## **Cost Excludes**

- Nepali visa fee
- Personal expenses
- Travel and Rescue insurance
- City meals ( Lunch Dinner) and Extra night due to early arrival from trekking overstay compare to itinerary any reason
- Tips for Guide, porter and Driver ( all Crew)